

## **Basketball**Age Group Policy

## 2023/2024 Summer & 2024 Winter

## **PLAY ON TUESDAYS**

U8 = Born years 2017, 2018 & younger

U10 = Born years 2015 & 2016

**U11** = Born years **2014** 

U25 = Born years 2000 to 2006

## **PLAY ON MONDAYS**

U12 = Born years 2013 & 2014

U14 = Born years 2011 & 2012

U16 = Born years 2009 & 2010

U18 = Born years 2007 & 2008



<sup>\*</sup> A player may play 'up' an age group (any level), but not 'down' at all in any sport