

AFTER SCHOOL PROGRAMS

at STARplex



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www.starplex.com.au  



AFTER SCHOOL PROGRAMS

SUMMER



get active with us!

STARplex offers a variety of programs for students to participate in and get active! Each program has specific age groups, days, times and costs associated.

Please read through this document, which will help you make an informed decision about joining any of the programs we offer. Please closely follow the directions outlined to book or register any particular program(s).

PARENTS PLEASE NOTE: All STARplex programs are available to the wider community, and are additions to the Trinity College Cocurricular program. These programs are therefore not supervised by College staff. Supervision and care remains with the parent/guardian whilst participating in STARplex activities (*essential for 10yrs and under*).

We look forward to seeing you at STARplex!

CONTACT DETAILS

18-20 Alexander Ave,
Evanston Park, SA 5116

08 8522 0622

enquire@starplex.com.au

www.starplex.com.au

AFTER SCHOOL PROGRAMS OVERVIEW

UP TO AGE 10 YEARS

Program	Ages	Monday	Tuesday	Wednesday	Thursday	Friday	Notes
Basketball - Aussie Hoops	5 – 10yrs					●	Discount for returning participants.
Basketball - Little Lions	5 – 11yrs				●	●	This is a training Program. See website for games.
Netball - NetSetGo	5 – 10yrs				●		Two groups - NET: EY & Y1 SET: Y2 & Y3
Netball - Juniors (<i>little netballers</i>)	6 – 9yrs			●			Teams placed by age divisions
Gymnastics	5yrs+		●	●	●	●	Expression of interest. Saturdays times.
Swimming - Learn to Swim	All ages	●	●	●	●	●	Lessons available 7 days per week. + \$100 sports voucher
Dance - Junior Hip Hop	6 – 10yrs		●				No exams. Steps are graded by teacher.
Tennis Coaching & Hot Shots	All ages	●	●	●	●	●	Coaching - Mon - Fri & Sun (4 time slots). Hot Shots - Saturdays from 9am

FROM AGES 11 – 18 YEARS

*Cross over programs - Age groups

Program	Ages	Monday	Tuesday	Wednesday	Thursday	Friday	Notes
Basketball - Juniors*	U8 – U14	●	●			●	Ask day suited to players age & ability
Basketball - Junior Lions	12 – 16yrs				●	●	This is a training program. See website for games.
Basketball - Players Performance Pathways			●		●		Invitation only. Register your interest via courts@starplex.com.au
Basketball - Open Districts League	U14 – U25		●				Separate competition for each age division.
Netball - Juniors*	10 – 16yrs			●			Teams placed by age divisions
Netball - Boys*	11 – 15yrs	●					NEW Training Program
Gymnastics *	5yrs+		●	●	●	●	Expression of interest available
Swimming - Learn to Swim*	All ages	●	●	●	●	●	Lessons available 7 days per week. Progress to STARplex Squad Program. + \$100 sports voucher (5 - 15yrs).
Volleyball	12 – 18yrs					●	Partnership with Volley North Club
Tennis Coaching & Hot Shots*	All ages	●	●	●	●	●	Coaching - Mon - Fri & Sun (4 time slots). Hot Shots - Saturdays from 9am
Futsal Junior Competition*	8 – 16yrs					●	Teams placed by age divisions
Badminton *	U14		●				No need to book or pre-register.



SPORT STARplex Courts



BASKETBALL TRAININGS

Aussie Hoops

Aussie Hoops is a program aimed at children 5-10 years of age and focuses on skill development, working within a team and learning the game of Basketball.

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REGISTER: www.aussiehoops.basketball
For further information:
Phone: **8522 0622**
Email: courts@starplex.com.au
Visit: www.starplex.com.au

Year Level	Ages 5 – 10 years
Terms held	Term 1, 2, 3 and 4
Day(s)/Times	Thursdays or Fridays 4.30pm – 5.15pm
Fees	\$90 - returning students \$115 - new students (10 week term)
Extra info	New students receive a pack containing bag, ball & singlet.

Little Lions

This development program is aimed at children 5 – 11 years. This structured program provides pathways into STARplex basketball competition teams. Players have the option to register for either training only or both training and games.

SCAN FOR INFO



REGISTER/ENQUIRIES:
STARplex Reception
Phone: **8522 0622**
Email: courts@starplex.com.au
Visit: www.starplex.com.au

Year Level	Ages 5 – 11 years
Terms held	Term 1, 2, 3 and 4
Day(s)/Times	Thursdays 4pm - 5pm and 5pm - 6pm Fridays 4.30 - 5.30pm
Fees	\$130 per term (10 week term)
Extra info	Optional - Games held Tuesdays. An additional fee of \$85 per term.

Junior Lions

This development program is aimed at children 12 – 16 years. This structured program provides pathways into STARplex basketball competition teams. Players have the option to register for either training only or both training and games.

SCAN FOR INFO



REGISTER/ENQUIRIES:
STARplex Reception
Phone: **8522 0622**
Email: courts@starplex.com.au
Visit: www.starplex.com.au

Year Level	Ages 12 – 16 years
Terms held	Term 1, 2, 3 and 4
Day(s)/Times	Thursdays 4pm - 5pm Fridays 4.30 - 5.30pm
Fees	\$130 per term (10 week term)
Extra info	Optional - Games held Mondays. An additional fee of \$85 per term.

Player Performance Pathways (Invitation Only)

Invitation only for emerging talent - register for Advanced 10 or Junior Academy weekly clinics.

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REGISTER INTEREST:
Email: courts@starplex.com.au
Visit: www.starplex.com.au

Year Level	Ages 5 – 16 years
Terms held	Term 1, 2, 3 and 4
Day(s)/Times	Junior Academy Tuesdays 5.30pm - 6.15pm Advanced 10 Thursdays 6.30pm - 7.30pm
Fees	Junior Academy - \$200 Advanced 10 - \$125 per term (10 week term)
Extra info	see website for further information

Programs may be subject to change, please visit our website or socials for current information.



SPORT STARplex Courts



BASKETBALL COMPETITIONS

Juniors Basketball

Ideal for young players of all abilities. Each season is held over two school terms with the top four teams in each age division contesting the finals.

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REGISTER: via STARplex website
For further information:
Phone: **8522 0622**
Email: courts@starplex.com.au
Visit: www.starplex.com.au

Year Level	Ages U8 – U18
Terms held	Term 1 & 2 , 3 & 4
Day(s)/Times	Mondays (U12s-U18s) Tuesdays (U8s & U10s) Friday (Development League U10s-U14s)
Fees	Team Fees apply - <i>see website</i>
Extra info	Must register within a team. Contact STARplex Courts for individual enquiries.

Open Districts League **NEW**

Separate competition for U14, U16, U18 & U25 Collegians. Create the next generation of Basketball in the North. Open District Basketball is a new expanded local league which aims to attract competition from near and far. Regional teams welcome. No club affiliation required.

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REGISTER: via STARplex website
For further information:
Phone: **8522 0622**
Email: courts@starplex.com.au
Visit: www.starplex.com.au

Year Level	Ages U14, U16, U18 & U25
Terms held	Term 1 & 2 , 3 & 4
Day(s)/Times	Tuesday nights
Fees	Team Fees apply - <i>see website</i>
Extra info	Must register within a team. Contact STARplex Courts for individual enquiries.



SPORT STARplex Courts



NETBALL

NetSetGo

For young netball players from 5 to 10 years of age, to learn the netball basics, burn energy and make some friends. Divided up into three tiers Net, Set and GO. Where you start depends on your age and netball experience.

SCAN FOR INFO



REGISTER/ENQUIRIES:
Sue Norris: norrissu@trinity.sa.edu.au
Visit: www.starplex.com.au

Year Level	Ages 5 – 10 years
Terms held	Term 1, 2, 3 and 4
Day(s)/Times	Thursdays 3.30pm - 4.15pm (EY & Y1) 4.15pm - 5pm (Y2 & Y3)
Fees	\$100 per term (10 week term)
Extra info	New students receive a pack containing ball & t-shirt.

Juniors Netball

For little netballers from 6 – 9 years and young netball players from 10- 16 years of age, of all abilities (boys permitted up to U11's). A maximum of three boys per team is permitted on the court at any one time, in the U13 age group. The top four teams in each age division compete in the finals.

SCAN TO ENROL



REGISTER: via STARplex website
For further information:
Phone: **8522 0622**
Email: courts@starplex.com.au
Visit: www.starplex.com.au

Year Level	Ages: Little Netballers 6 - 9 years Young Players 10 – 16 years
Terms held	Term 1 & 2, 3 & 4
Day(s)/Times	Wednesdays from 4.30pm
Fees	Team Fees apply - <i>see website</i>
Extra info	Must register within a team. Contact STARplex Courts for individual enquiries.

Boys Netball **NEW**

New Boys Netball program aimed at 11 – 15 years of age. An introductory into netball and the opportunity to train as a squad. Players will develop skills in team work, quick thinking, leading/movement and HIT fitness.

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REGISTER/ENQUIRIES:
STARplex Reception
Phone: **8522 0622**
Email: courts@starplex.com.au
Visit: www.starplex.com.au

Year Level	Ages 11 – 15 years
Terms held	Term 4
Day(s)/Times	Mondays Training from 3.50pm. Games 4.35pm and 5.20pm
Fees	\$90 per player (based on 9 week term)
Extra info	New school term program.

Programs may be subject to change, please visit our website or socials for current information.



SPORT STARplex Courts



GYMNASTICS

Recreational

Recreation gymnastics classes are suitable for children from 5 years of age and are designed to teach the basic principles of gymnastics. The classes are fun, and children develop skills in jumping and landing, shapes, balance and coordination. Each week children learn skills on a variety of equipment.

Recreation classes follow a certificate program, where children acquire a set of skills according to each level. Children are assessed throughout the term and will receive certificates for each apparatus passed, as well as for the completion of the entire stage.

Children progress from the Recreation program to the Intermediate Program.

Year Level	Ages 5+
Terms held	Ongoing (not a term program, but 5 week Christmas break and 1 week break each block of school term holidays)
Day(s)/Times	Tuesdays – Fridays from 4pm Saturdays from 9.50am (view the Gymnastics information guide for latest timetable)
Fees	\$38 (Stage 1 – 3), \$48 (Stage 4 & 5), per child, per fortnight via direct debit (1 lesson per week) Sports Voucher available (\$100)
Extra info	An additional fee of \$100 for Gymnastic SA Insurance is required once per calendar year.

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ENROL/ENQUIRIES:

STARplex Reception
Phone: **8522 0622**
Email: courts@starplex.com.au
Visit: www.starplex.com.au



PLEASE NOTE: This is a high demand program. Please check website to see if there are current vacancies for any of the Gymnastics classes.

See website for additional programs offered:

- Ages 5 years & under**
 - Pocket Rockets & Little Leapers
 - Kindergym/Babygym
- Advanced Programs**
 - Intermediate (invitation only)
 - Performance Teams

Programs may be subject to change, please visit our website or socials for current information.



SPORT STARplex Courts



FUTSAL

Junior Futsal Competition

Futsal is an exciting, fast-paced indoor soccer game and is one of the fastest growing sports in the world. Futsal is excellent for skill development, demanding quick reflexes, fast thinking and pinpoint passing. And, it's a lot of fun!

SCAN TO ENROL



REGISTER/ENQUIRIES:
via STARplex website
Visit: www.starplex.com.au
Email: courts@starplex.com.au

Year Level	Ages 8 – 13 yrs
Terms held	Term 4 only
Day(s)/Times	Fridays from 4pm
Fees	Team Fees apply - see website
Extra info	Must register within a team. Contact STARplex Courts for individual enquiries.

BADMINTON

Social Juniors

These sessions involve basic coaching, match play and great entertainment for the skilled and not so skilled badminton player. No need to book or pre-register. Pay and register on arrival.



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ENQUIRIES:
Phone: 8522 0622
Further info visit: www.starplex.com.au
Email: courts@starplex.com.au

Year Level	Ages 14yrs & under or adults
Terms held	Ongoing
Day(s)/Times	Tuesdays 8pm – 9.30pm
Fees	Adults \$8 Children \$7 (up to 14yrs/ concession)
Extra info	No bookings required. Pay on arrival.

VOLLEYBALL

Jump–Juniors & Joust–Jam

Our junior volleyball development programs are held indoors and aimed to cover skills for all abilities in a fun learning environment. Two different school level groups are held on Fridays:



- **Jump–Juniors:** Year levels 7 – 9
- **Joust–Jam:** Year levels 10+

SCAN TO ENROL



REGISTER/ENQUIRIES:
via STARplex website
Visit: www.starplex.com.au or
www.volleynorth.com.au/register/
Email: courts@starplex.com.au

Year Level	Ages 12 – 18 years
Terms held	Term 1, 2, 3, 4
Day(s)/Times	Fridays from 6pm
Fees	\$90 (based on 10wk term)
Extra info	Joint partnership with Volley North Volleyball Club

Programs may be subject to change, please visit our website or socials for current information.



SPORT

Outdoor Tennis Courts



TENNIS

Coaching (Level 2)

For children starting out or those aspiring for the world stage, step up your tennis game with elite tennis coaching provided at STARplex. Renowned Tennis Coach Peter Vandeleur is now based as Head Tennis Coach at STARplex.

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BOOKINGS/ENQUIRIES:
via STARplex website
Visit: www.starplex.com.au

Year Level	All ages
Terms held	Ongoing
Day(s)/Times	Monday-Friday, Sunday Book 1:1 sessions 90mins, 60mins, 45mins or 30mins
Fees	\$90 (90 minutes), \$60 (60 minutes), \$45 (45 minutes), \$30 (30 minutes)
Extra info	Session availability is listed on the online booking site. Follow the link on STARplex website.

Hot Shots **NEW**

Beginners Tennis program for ages 5 – 12 years old. Learn coordination, speed, strength and agility in a fun environment. The program will be divided into the following age groups:

- Red Ball (5-8 year olds) 9am-9.50am
- Orange Ball (7-11 year olds) 10am-10.50am
- Green Ball (9-12 year olds) 11am-11.50am

Racquet – If you don't have one, no worries, ask if one can be provided.

SCAN TO ENROL



REGISTER/ENQUIRIES:
via STARplex website
Visit: www.starplex.com.au
Fill out enquiry form online to register your interest.

Year Level	Ages 5 – 12 years
Terms held	New Program
Day(s)/Times	Wednesdays Red Ball (5 - 8yrs) Orange Ball (7-11yrs) Green Ball (9-12yrs) from 4.30pm
Fees	\$15 per session (Trial session \$15.00)
Extra info	Register your interest via STARplex website.



Programs may be subject to change, please visit our website or socials for current information.



SWIM

STARplex Swim Centre



LEARN TO SWIM

Swim School

The STARplex Swim School program provides a friendly, encouraging, ability based learning environment, with quality technique based instruction on the four competitive strokes and other water safety skills. We aim to bring swimmers to graduation through a progressive certificate reward system. Swimmers are given the opportunity to either continue into competitive swimming or establish the skills to participate confidently in a variety of water based activities.

Year Level	All ages
Terms held	Ongoing (for 48 weeks of the calendar year)
Day(s)/Times	Monday – Friday 3.30pm – 6pm Saturday 8am – 12noon Sunday 9am – 12noon
Fees	Goldfish to Turtles level - \$21.75 per week, per child Private - \$42.50 per week, per child Sports Voucher available (\$100)
Extra info	Bathers & goggles required. Parents need to book and complete enrolment forms. Free swim assessment available.

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ENROL:
Phone: 8522 0622 or visit STARplex Reception.

Further info: www.starplex.com.au



STARplex Swim Squad Program

The STARplex Swim Squad Program offers two pathways for swimmers who have completed our Swim School top level (Turtles) and wish to continue. *See website for further details.*

[Scan here](#)



Programs may be subject to change, please visit our website or socials for current information.



DANCE

STARplex Fitness



DANCE CLASS

Junior Hip Hop

Dance program designed for 6 – 10 years of age. Hip Hop classes offer a free style of movement, developing creativity, flexibility and coordination. Dance steps like isolations, walks, turns, arms, travelling and combinations are all taught each term. Students will enjoy the music and forget they are learning anything they are having so much fun!

Year Level	Ages 6 – 10 years
Terms held	Term 1, 2, 3 & 4
Day(s)/Times	Tuesdays 4.30pm – 5.15pm
Fees	\$100 per child (based on a 10 week program). \$11 trial lesson.
Extra info	Bookings essential.

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BOOKINGS:

Phone: **8522 0622** or visit STARplex Reception
Further info: www.starplex.com.au

See website for additional programs offered:

Ages U5 years

- Baby Boogie (1 – 3yrs)
- Dancing Child (3 – 4yrs)



Programs may be subject to change, please visit our website or socials for current information.